Sea Breeze™ Pillow
18” x 18”

Designed by Michelle Pratt,
Exclusively for McKenna Ryan

Materials Needed:
- One 13”x 13” Sea Breeze Art Print
- Fabric 1: One FQ in a light colored fabric
- Fabric 2: One FQ in a med/dark colored fabric
- Fabric 3: Two FQ’s of coordinating fabric for pillow backing
- 22” zipper coordinating with backing fabric
- 18 ½” square of batting for lining front of pillow
- 18” Pillow Form

Before Getting Started:
- HST = Half Square Triangle
- RST = Right Sides Together
- Use an accurate ¼” seam allowance unless otherwise directed

Cutting:
1. Trim Sea Breeze Art Print to 12½” x 12½” square (trimming ¼” from all four sides).*
2. Fabric 1 and 2: Make twenty 3 ½” HST using your preferred method.
3. Fabric 2: cut four 1” x 18 ½” strips set aside for later (cut strips from long side of FQ before making HST).

*Hint: when working with Art Prints, sometimes they are not perfectly square. Not to worry- just trim to get the perfect square and add “coping strips” to frame the Art Print. One-inch strips usually do the trick- then trim to size needed. Coping strips should be cut from Fabric 1.

Assembly:
1. Using Diagram 1 as a placement guide, arrange your HST’s around your Art Print in the order shown.
   a. Sew the top four center HST together and bottom four HST together, then sew to Art Print.
   b. Sew your six HST for each side together, then sew to Art Print and attached HST’s.
2. Cut a piece of batting to match your pillow front. It should measure 18 ½” square. For a nice smooth finish on
   the front, pin your pillow front to the piece of batting. Optional: Stitch-in-the-ditch between the HST and the Art
   Print.
3. Iron the four 1” x 18 ½” strips in half lengthwise (it will now measure ½” x 18 ½”). Sew trim pieces on all four
   sides of pillow front using 1/8” seam allowance. You will be overlapping the trim pieces in the corners, giving the
   look of piping trim and rounded corners when pillow is finished.

Embellishing: (Optional)
Now your pillow front is stable and you can add some embellishments if you want. Use embellishments customized for
each Sea Breeze Art Print found on our website www.pineneedles.com. Be creative!

Making the Pillow Backing:
1. Fold both Fabric 3 FQ’s in half with RST. You should now have two 11”x 9” rectangles.
2. Take your zipper and “snug” it up to folded edge inside one of the rectangles (zipper teeth up). Sew ¼” from fold
   making sure to catch the zipper tape.
3. Open the fabric and iron down both sides away from the zipper teeth and top stitch. Repeat with the second
   rectangle. When complete it should measure approximately 18 ½”x 22”.

Finishing Up:
1. Lay backing and front of pillow RST. The backing will be slightly larger. Line up the center HST joining line with
   the zipper teeth.
2. Pin all around the edges catching all the layers. Make sure you “unzip” the zipper about 4 inches so you can turn
   your pillow top right side out.
3. Sew a ¼” all around the edge of the pillow back, tacking the zipper sections to reinforce.
4. Take your pins out, trim your pillow backing and finish with an overlock or a simple zigzag stitch on the raw
   edges.
5. Turn your pillow right side out and slightly push out the corners.
6. Insert your pillow form.
Suggested Fabric:
Fabric 1: AMD-7000-21 Lilac
Fabric 2: AYP-15740-59 Ocean
Fabric 3: AMD-14925-246 Water
Find embellishments at www.pineneedles.com
or scan the QR code.